

## Peak Performance- Reveal Your Path:

### Achieving Your Personal and Professional Best!

Education leaders are facing incredible challenges in our current climate. We must grow our schools and move our personal and team's capacity and skills forward, while creating and implementing solutions to new problems. PLC Associates, Inc. can help you achieve your personal and professional best through Peak Performance. In our work together, you can do all of this, while finding balance, maintaining clarity, and focusing your work and school(s) forward on the right drivers.

**Join our next Cohorts: Cohort 4 starting January 11 and Cohort 5, February 8!**  
**What a great way to begin a powerful new year!**

**This program assures results...perform at your professional and personal best!**

*Expert facilitators who know this work:*



Jared Kahmar



Jim Harshaw Jr.

#### Registration is easy, simply:

Email: [Jared Kahmar](mailto:jared@plcassociates.com), Associate, PLC Associates, Inc.  
or  
Call Jared directly at 845-258-0862

Participants experience breakthrough results. Our clients gain clarity, focus and balance, while identifying their goals, creating action plans, and implementing a system for follow through. A signature feature of this program allows for 1:1 coaching and participants benefit from a powerful Mastermind Group format for our small group sessions.

**The timing is now** to allow you to perform in the moment. Peak Performance is open for any leader motivated to push themselves to perform at their best.

Format for the 8 weeks of **Peak Performance- Reveal Your Path** includes:

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|----------------------|---|
| 1:1 Sessions:        | Individual 1-hour sessions offered bi-weekly with our facilitators.     |
| Mastermind Calls:    | Four group calls using the Mastermind Format to drive Peak Performance. |
| Discovery Exercises: | Individualized self-guided activities to create your plan forward.      |
| Tips, Tools, Tactics | Resources cultivated from the best practices of highest performers.     |
| Collaboration:       | Connect with colleagues in this group and from our National Network.    |

PLC Associates, Inc. [www.plcassociates.com](http://www.plcassociates.com)

New York: PO Box 130 Pittsford, New York 14534 | Florida: PO Box 720 Naples, Florida 34102  
Penny L. Ciaburri, CEO, [pciaburri@plcassociates.com](mailto:pciaburri@plcassociates.com) (585) 264-0886